

PEEL HOCKEY (COVID-19) RETURN TO TRAINING INFORMATION

HYGIENE

- If unwell, **GO HOME**
- Be aware that many areas of the Stadium are **CLOSED**
- Do not share equipment, water bottles or towels
- Wash your hands regularly
- Sanitise your hands before, during and after training

PHYSICAL DISTANCING

- Be prepared to train on arrival
- Maintain physical distancing (1.5 metres) wherever possible
- Your attendance at training **MUST** be recorded on arrival
- Group of 20 people in each zone / area
- No spectators unless with young players, still maintain your distance from others

TRAINING RULES

- **GET IN, TRAIN, LEAVE**
- No mixing, players and coaches must stay in their allocated training zone / area
- Non-contact training only
- Finish training on time and leave as per Peel Hockey Protocol.

INJURIES

- Take extra hygiene care if dealing with injured participants

AFTER TRAINING

- Advise your coach and Peel Hockey if you feel unwell (for any reason) following training

For more information visit [Peel Hockey's Covid-19 Hub](#)
for the [Protocol Information Sheet](#)