



COMPETITION RULES

Hockey 7's / Summer Hockey

Summer Hockey is a modified game format, fielding 7-a-side played on half field. The emphasis is on enjoyment, social atmosphere and skill development/maintenance.

While competitiveness is not discouraged it should be remembered that novice players need some encouragement and the "win at all costs" philosophy is not appropriate.

Competition Structure

- **Juniors**
 - Goldstix (School Years 1 to 4) – Tuesdays 4pm to 5pm
 - Mini 7's (School Years 4 to 6) – Tuesdays 5pm to 7pm
 - Maxi 7's (School Years 7 to 10) – Thursdays 5pm to 7pm
- **Seniors**
 - Social 7's (Senior & Junior Players School Years 10+) – Thursdays 5pm to 7pm
 - Masters 7's (Age 35+) – Tuesdays 7pm to 9pm
- **Game time** – all age groups, 2 x 20-minute halves, 5-minute half time break.

Team Nominations – Registered Players

- Club based team nominations with team nomination fee.
 - Players must be registered with the club they are playing with.
 - New players, who did not play winter season, must register to pay [Season Program Levies](#).
 - Clubs are responsible for determining & collecting per player fee (same as winter).
- Team Nominations lodged online – www.peelhockey.com.au/events
 - Clubs invoiced team nomination fee total by Peel Hockey on viability of competition.
 - Fees payable in full by week 1 of competition.
- Team Officials required with team nomination:
 - **Juniors**
 - Goldstix – Team Coach (umpire coach) & Team Manager.
 - Mini 7's – Team Coach & Team Manager.
 - Maxi 7's – Team Coach/Captain & Team Manager.
 - **Senior & Masters**
 - Team Captain/Umpire & Team Representative/Manager.
- Late team nominations will only be accepted if teams are needed to consider competition viable.
 - A minimum of 4 teams, per age group, are required to be considered viable for competition.

Team Composition

- 7 players per team, mixed gender. No goalie.
 - Additional players, up to 11 per team, are permitted for interchange.
- All teams require even distribution of players based on age and gender mix.
- New player enquiries received by Peel Hockey will be allocated to teams, after nominations have closed, based on player numbers across all teams as priority, then:
 - Juniors – school, age & gender mix.
 - Seniors – suburb & gender mix.

Team Uniforms

- All players wear matching shirt colour as per team nomination, club colours preferred.
 - Clubs to provide bibs if necessary.
- If the playing uniforms of both teams in a match are so similar that it may lead to a possible confusion, the first named team shall wear a contrasting colour or bibs.

Team Responsibilities/Rosters

- Team Manager/Representative required for all teams, to liaise and coordinate team members and team responsibilities/rosters.
 - Complete game card on arrival. Only players participating to be listed on game card.
 - Coordinate teams rosters:
 - Turf Set Up
 - Turf Pack Up

Game Conditions

- Game duration is 2 x 20-minute halves with 5-minutes half-time.
- Basic game card to be completed by
- Games to start and end on time.
- No final's games.

Umpires

- Senior Competitions – Self Umpired, non-playing umpire to be nominated with team nomination.
- Junior Competitions –
 - Mini & s & Maxi 7's - Umpire allocations provided through umpire pathways under Peel Hockey's Junior Umpire Development Program. 1 x umpire per pitch/game.
 - Goldstix – Coaches

Equipment & Safety

- Junior players - must have shin pads, mouth guard, and a hockey stick.
- Senior players – must have hockey stick and it is recommended all players wear shin pads and mouth guard.

Field of Play

- Half field played across the turf. Net dividing turf and separating fields.
- Circle is marked by the blue lines.
- No centre line marked – use cones to identify the centre line.
- No 25m lines marked – use cones to identify the 25m lines.
- Substitute players must leave the field from the centre line cone (on the base line side – not the net side)
- Substitute players need to wait until the field player has left the pitch before entering field of play.

Rules of the Game

Are available on the Peel Hockey website, select “rules” from the Competition & Events” menu, or click on the links below:

- [Rules of the Game – Hockey 7's](#)
- [Rules of the Game – H2H/Goldstix](#)
- [Umpiring Tips – Hockey 7's](#)