



# COMPETITION RULES

## Hockey 7's / Summer Hockey

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Summer Hockey is a modified game format, fielding 7-a-side played on half field. The emphasis is on enjoyment, social atmosphere and skill development/maintenance.

While competitiveness is not discouraged it should be remembered that novice players need some encouragement and the “win at all costs” philosophy is not appropriate.

### Competition Structure

- **Juniors**
  - HookIn2Hockey (School Years 1 to 4) – Tuesdays 4pm to 5pm
  - Mini 7's (School Years 4 to 6) – Tuesdays 5pm to 7pm
  - Maxi 7's (School Years 7 to 10) – Thursdays 5pm to 7pm
- **Seniors**
  - Social 7's (Senior & Junior Players School Years 10+) – Thursdays 5pm to 7pm
  - Masters 7's (Age 35+) – Tuesdays 7pm to 9pm
- **Game time** – all age groups, 2 x 20-minute halves, 5-minute half time break.

### Team Nominations – Registered Players

- Club based team nominations with team nomination fee.
  - Players must be registered with the club they are playing with.
  - New players, who did not play winter season, must register to pay [Summer/Indoor Levies](#).
  - Clubs are responsible for determining & collecting per player fee (same as winter).
- Team Nominations lodged online – [www.peelhockey.com.au/events](http://www.peelhockey.com.au/events)
  - Clubs invoiced team nomination fee total by Peel Hockey on viability of competition.
    - Fees payable in full by week 1 of competition.
- Team Officials required with team nomination:
  - **Juniors**
    - HookIn2Hockey – Team Coach (umpire coach) & Team Manager.
    - Mini 7's – Team Coach & Team Manager.
    - Maxi 7's – Team Coach/Captain & Team Manager.
  - **Senior & Masters**
    - Team Captain/Umpire & Team Representative/Manager.
- Late team nominations will only be accepted if teams are needed to consider competition viable.
  - A minimum of 4 teams, per age group, are required to be considered viable for competition.

### Team Composition

- 7 players per team, mixed gender. No goalie.
  - Additional players, up to 11 per team, are permitted for interchange.
- Senior & Masters teams require even distribution of players for each team-based age & gender mix.
- Junior teams require even distribution of players for each team-based age & gender mix.
- New player enquiries received by Peel Hockey will be allocated to teams, after nominations have closed, based on player numbers across all teams as priority, then:
  - Juniors – school, age & gender mix.
  - Seniors – suburb & gender mix.

## Team Uniforms

- All players wear matching shirt colour as per team nomination, club colours preferred.
  - Clubs to provide bibs if necessary.
- If the playing uniforms of both teams in a match are so similar that it may lead to a possible confusion, the first named team shall wear a contrasting colour or bibs.

## Team Responsibilities/Rosters

- Team Manager/Representative required for all teams, to liaise and coordinate team members and team responsibilities/rosters.
  - Complete game card on arrival. Only players participating to be listed on game card.
  - Coordinate teams rosters:
    - Turf Set Up
    - Turf Pack Up

## Game Conditions

- Game duration is 2 x 20-minute halves with 5-minutes half-time.
- Basic game card to be completed by
- Games to start and end on time.
- No final's games.

## Umpires

- Senior Competitions – Self Umpired, non-playing umpire to be nominated with team nomination.
- Junior Competitions –
  - Mini & s & Maxi 7's - Umpire allocations provided through umpire pathways under Peel Hockey's Junior Umpire Development Program. 1 x umpire per pitch/game.
  - HookIn2Hockey – Coaches

## Equipment & Safety

- Junior players - must have shin pads, mouth guard, and a hockey stick.
- Senior players – must have hockey stick and it is recommended all players wear shin pads and mouth guard.

## Field of Play

- Half field played across the turf. Net dividing turf and separating fields.
- Circle is marked by the blue lines.
- No centre line marked – use cones to identify the centre line.
- No 25m lines marked – use cones to identify the 25m lines.
- Substitute players must leave the field from the centre line cone (on the base line side – not the net side)
- Substitute players need to wait until the field player has left the pitch before entering field of play.

## Rules of the Game

Are available on the Peel Hockey website, select “rules” from the Competition & Events” menu, or click on the links below:

- [Rules of the Game – Hockey 7's](#)
- [Rules of the Game – HookIn2Hockey](#)
- [Umpiring Tips – Hockey 7's](#)